

Under & Over: New study testing an upper limb rehab tool - get involved!



The Barts MS team are running a fully remote study, investigating whether a new hand and arm activity called “Under & Over” can improve upper limb function for people with MS.

Who can take part?

Men and women over 18 years can take part if:

- You have a diagnosis of MS (more than 6 months)
- You have internet access
- You have an Expanded Disability Status Scale (EDSS) score of ≥ 6 as measured using the online WebEDSS
- You understand and able to communicate in English

You will not be Eligible to take part if:

- You are unable to use your hands because of pain or any other reason that might interfere with your ability to complete the intervention using the Under & Over device.

Contact for further information about the study:

To answer to any further questions or queries please contact the Under & Over Research Team [underandover@qmul.ac.uk]. To read the participant information and sign up, visit the study website www.underandover.study